

THE CLUB 101

Your journey starts here...



CREATE HOPE
in the WORLD

Happy New Rotary Year!

2023-2024 OFFICERS AND DIRECTORS



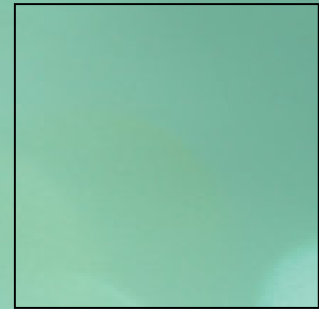
Gordon M. McNally
RI PRESIDENT



Rozanne M. Gamboa
DISTRICT GOVERNOR



Vincent Edward Ang
DISTRICT SECRETARY



Pedro B. Acharon, Jr.
ASSISTANT GOVERNOR



Malou A. Teoxon
PRESIDENT



Evernie V. Alfeche
VICE PRESIDENT



Sweet B. Gallinero
PE/SECRETARY



Jade N. Rallos
TREASURER



Gladys D. Balano
AUDITOR



Fanny M. Fernandez
PRO



Rona Fernandez
SGT-AT-ARMS



Lani Castaniaga
PROTOCOL OFFICER



Omar Gallinero
DITTO



Nieven May Alfeche
CICO

DIRECTORS:



Celema I. Grño
CLUB ADMIN



Rogelio Rallos, Jr.
THE ROTARY FOUNDATION



Maribel D. Acuesta
MEMBERSHIP



Alan M. Ines
PUBLIC IMAGE



Mayvelyn G. Urbano
EXEC. SECRETARY

COMMITTEE CHAIRPERSONS: 5 AVENUES OF SERVICE



Xavier J. Bayan
COMMUNITY SERVICE



Melani G. Deypalan
VOCATIONAL SERVICE



Tommy Tonguia, Jr.
CLUB SERVICE



Darnie F. Jandic
INTERNATIONAL SERVICE



Krispian Troy M. Publico
YOUTH SERVICE
DEI OFFICER

Gordon McInally's first message as Rotary International President



Gordon McInally

Even as we face new and serious challenges, Rotary takes care of its members and those we serve, works to build lasting peace, and embeds belonging and inclusion in everything we do. That is why I am asking everyone in Rotary to *Create Hope in the World*.

This year, we're prioritizing projects to support mental health. This effort is deeply personal to me. I know what it's like to see someone suffer in silence. I have also witnessed the power of personal connections, the value of discussing emotional and mental well-being, and the lifesaving impact of preventive care and treatment.

Research shows that performing acts of kindness is an effective step any of us can take to protect our well-being. And by building peace within, we become more capable of bringing peace to the world.

Building peace is the essence of Rotary. Many of our service projects foster the conditions for Positive Peace. We work tirelessly to overcome barriers and create new connections. This year, we'll promote virtual international exchanges for members to strengthen those vital connections.

Peace isn't a dream, and it's not passive. It's the result of working hard, earning trust, and having open conversations that may be difficult. Peace must be waged persistently — and bravely. Everything we do across our areas of focus has the potential to foster the hope that can make peace possible.

The spirit of connection and purpose should inspire every Rotary member. When club leaders focus on offering an excellent club experience, we retain more members and attract more prospective members. We must make our clubs as welcoming and as engaging as we can.

Our goal is to create a sense of belonging, from our club meetings to our service activities. We need to continue creating inclusive, welcoming environments where everyone can be their authentic selves. All people of action need to be able to imagine a place for themselves in Rotary — it's up to us to ensure they can do so.

Over the next year, I will be putting a focus on continuing our journey in diversity, equity, and inclusion — ensuring that Rotary reflects the communities we serve and continues to take significant steps toward accessing the full range of human talents and experiences, so that we can better serve humanity. And we will continue to empower women and girls by helping them unlock the potential already within them.

As we begin this journey together, I take inspiration from Scotland's national poet, Robert Burns, who in the 18th century spoke of all the world becoming kin, promoting "sense and worth, over all the earth." This has long been my call to action, and I share it now with you.

Let us build peace within and spread it freely. Let us create belonging and imagine the future of Rotary afresh. Let us work together joyously and *Create Hope in the World*.

Gordon McInally

President, Rotary International



President's Page



My dear Rotary Club of Polomolok 101 family,

I am honored to take on the role as the RCP 101 Club President. I am forever grateful for the trust you have placed in me and I am truly privileged to serve along side with our dedicated members that embody the spirit of Rotary.

As we begin the New Rotary year, Let us be guided with this years Theme "Create hope in the world" bearing in mind that no matter how small our actions may be as long as its planted with love it will create a lasting change that extends far beyond our immediate reach.

I am asking your full support in all our club projects and activities. Let us continue to be an inspiration by creating Hope in the world.

I look forward to work with you and make this the best year ever.

by: Malou Teoxon

President, Rotary Club of Polomolok 101



Editor's Note



PAG May Urbano

Most of us are familiar with the reference to the “Twelve Days of Christmas”, but did you know about the “Twelve Months of Rotary”? Rotary has identified a theme for each month. July is the first month of the Rotary year and is when the annual theme kicks in. It is also the month when new leadership takes over at Clubs, Districts and at Rotary International. July’s theme is “Transition Month”.

New Leadership or Transition Month presents us with an opportunity to express our gratitude to those who have served in leadership roles while also welcoming new leaders into the fold. Our leaders exemplify the qualities that make our members extraordinary: integrity, expertise, and commitment to service.

This year, as we strive to “Create Hope in the World”, let us renew our commitment to Rotary and its ideals.



Secretary's Page



Sweet B. Gallinero
PE/Secretary

The Rotary Clubs renowned for its humanitarian efforts and community service, has always been driven by strong leadership that embodies the spirit of service above self.

That includes our very own club- the Rotary Club of Polomolok 101.

As we step into another new Rotary year, our club welcomes a fresh wave of enthusiastic leader in the person of my dear friend- President Malou Teoxon along with the new set of officers for RY 2023-24, including myself as the new club Secretary and President- Elect. It is my honor and privilege to be elected with such position. I am fortunate to have the full support from the current officers as well as from the vibrant members who are fully committed to the Rotary Ideals of service above self. I will do my best to do my duty as your new PE/Sec and I will give my full support to our Prexy Malou as we continue to go the extra mile in strengthening our club and carrying out worthwhile projects that we will undertake for the benefit of our community for this Rotary year 2023-2024 with the theme "Create Hope in the World".

Goodluck to all of us and happy New Rotary Year!



TREASURER'S PAGE



Jade N. Rallos
Treasurer

Where your Rotary Dues Go?

Your membership dues are our organization's largest single source of revenue. Of the \$75 you currently pay in dues, half of it goes directly to member support, in the form of RI events, online training, and digital tools such as the recently improved [rotary.org](https://www.rotary.org) website and updated Rotary Club Central, along with Rotary Ideas, Rotary Showcase, and RI's social media feeds.

We all know that enhancing Rotary's image in the world is vital to our future success. RI is earmarking 15% of your RI dues this year for resources to help promote Rotary in your community, and beyond. This includes not only the postcards, brochures, and other materials available on your Brand Center, but also our People of Action campaign, external relations, and our ongoing outreach and public relations work around the end of polio.

For all of us, Rotary is an investment – not only of money, but of time, energy, and effort. As with any good investment, the more we put in, the greater our returns. None of it would be possible without the international association that unites us, and which we all support.



Presidential Initiatives

INITIATIVES OVERVIEW

Rotary International President R. Gordon R. McNally wants Rotary to exist everywhere in a style that suits everyone who has the desire to work with us to do good. During this year, he'll focus on three presidential initiatives that Create Hope in the World: prioritizing mental health, building peace through virtual exchanges, and empowering girls.

PRIORITIZING MENTAL HEALTH

Gordon encourages Rotary members to make mental health a priority. Rotary has a unique ability to connect people and cultures, giving hope and receiving it through acts of kindness. Now is the time to expand this culture of care — both within Rotary and in the world at large.

Providing care in such a way benefits not only the communities we live in and work with, but also our members as they take part in addressing mental health. Research shows that performing acts of kindness is the most effective way to protect our own sense of well-being and become more resilient.

Rotary can create the kind of world we want to live in: one where we all feel supported as part of a community and where we help expand access to quality care. Members can do this by:

- Erasing the stigma associated with caring about emotional well-being
- Raising awareness about mental health needs
- Working to improve access to mental health services

Everyone in Rotary has a role in this effort. Members can help each other prioritize self-care in the ways that are most meaningful. Clubs can make sure they offer welcoming environments where everyone who interacts with us is treated with care, respect, and dignity. We can talk openly about mental health, let people know they're not alone, and encourage them to get professional help if necessary. And we can work with community and national leaders to create or expand access to quality preventive care and interventions for mental health.





Gov. Twinkle Gamboa



Gov. Twinkle & Spouse Archie

Our District Governor



District Governor Rozanne "Twinkle" C. Gamboa joined the Rotary Club of Downtown Davao in 2001 which was then an all- female club. As she grew in Rotary, she occupied various key positions in the Club. After 15 years of membership, reluctantly, she became an All-Star president in RY 2016-17. During her presidency, her Club was awarded the Most Outstanding Club in the district among the 99 clubs in the district. The Club also received three Rotary International Citation Awards. First, was with their service project called "Shelter for Battered Women." Second, its Rotaract Club got an award for its exemplary performance and third, her husband Archie, received an RI Service Award, recognizing him as one the 50 Most outstanding Spouse in the world. After her presidency, she started to hold various District positions. She was appointed by Great Team Governor Art Tan as an Assistant Governor of Area 2C handling 5 clubs and at the same time was the Mindanao Chair for Pink October, the breast Cancer Awareness Program. For the Inspiring Team lead by Gov Bing Garcia she retained the position as the Pink October Chair in Mindanao and in that same year she became a member of the gala committee of The One Philippines, an International Humanitarian Award Body chaired by Past RI Director Raffy Garcia. One of the awardees came from our District who was endorsed by RC Dadiangas, Dr Roel Cagape. The spouses are also members of the Board of Trustees in our District 3860 Disaster Management, Inc. As the DGN then, she had important District responsibilities such as the District Coordinators for the Rotary Presidential Conference 2021 Manila and Empowering Girls Initiative. She also had duties as the District's Endowment and Major Gifts Sub-Committee Chair. Believing on the advocacy of The Rotary Foundation, DGE Twinkle and spouse Archie are members of the newly Chartered Polio Plus Society, are Endowment Benefactors and Bequest Society. Moreover, the spouses are Arch Klumph Society Trustee Circle members. Born and raised in Butuan City, She is happily married to Immediate Past President and District Learning Facilitator, Archie Francisco F Gamboa. They have two grown-up children namely Tym, who is 33 years old, married to Dr Shey Ongchua and has a grandson – Aaron Travis who is now 3 years Old. Her daughter Mariane is 27 years old and recently got married to Alvin Mosquisa last March 3. All throughout her life as a Rotarian and as a leader, she has always been guided by the Four- way Test and have consistently applied the same even in her personal and professional life. She believes that the values of integrity and dedication are primarily important in any quest one would undertake to build trust and live-up with high moral standards. She has learned a lot in her Rotary journey and she had consistently, thanked all the Rotarians who have helped and molded her on what she is today.



by: Rtn. Troy Publico
DEI OFFICER

Rotary's Commitment to Diversity, Equity & Inclusion

We believe that exemplifying and embracing diversity, equity, and inclusion (DEI) should be a part of everything we do at Rotary.

To ensure we live up to that ideal, the Board of Directors and our DEI Taskforce acted to strengthen the DEI statement originally adopted in 2019. The result is in a new commitment to diversity, equity, and inclusion:

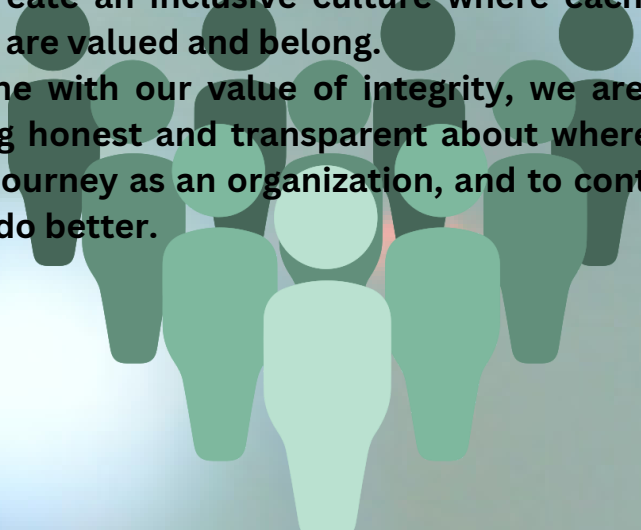
At Rotary, we understand that cultivating a diverse, equitable, and inclusive culture is essential to realizing our vision of a world where people unite and take action to create lasting change.

We value diversity and celebrate the contributions of people of all backgrounds, across age, ethnicity, race, color, disability, learning style, religion, faith, socioeconomic status, culture, marital status, languages spoken, sex, sexual orientation, and gender identity as well as differences in ideas, thoughts, values, and beliefs.

Recognizing that individuals from certain groups have historically experienced barriers to membership, participation, and leadership, we commit to advancing equity in all aspects of Rotary, including in our community partnerships, so that each person has the necessary access to resources, opportunities, networks, and support to thrive.

We believe that all people hold visible and invisible qualities that inherently make them unique, and we strive to create an inclusive culture where each person knows they are valued and belong.

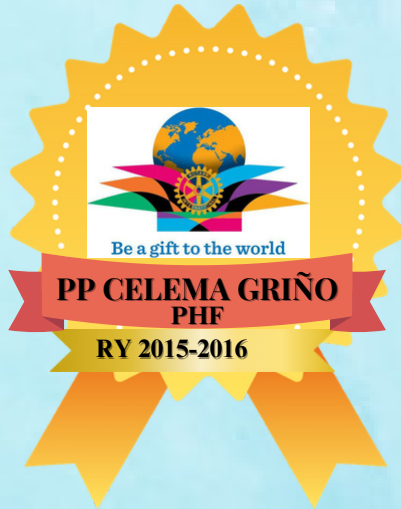
In line with our value of integrity, we are committed to being honest and transparent about where we are in our DEI journey as an organization, and to continuing to learn and do better.



HALL OF PAST PRESIDENTS



HALL OF PAST PRESIDENTS



JULY 2023

Calendar of Activities

By: Pp Celema I. Griño
Club Administration Director



July 1- Happy New Rotary Year!

Rotary New Year Celebration Activity
"Today's Children, Rotary's Future"
Champion Village, Alabel, Sarangani Province

July 3

1st Membership Meeting & Fellowship Night

July & 6

Dance Practice @ Lantana Pyramid

July 8

Induction of RC Greater GenSan

July 10

2nd General Meeting & Fellowship Night

July 12 & 13

Dance Practice @CSP Campus

July 14

Induction of RC Dadiangas

July 15

19th Induction & Hand Over Ceremonies
of the Rotary Club of Polomolok 101

July 16

Bloodletting Activity (Veranza Mall)

July 21

3rd General Meeting & Fellowship Night

July 23

Induction of RC General Santos

July 28

4th General Meeting & Fellowship Night

July 29

Induction of RC Metro Dadiangas

2023 CLUB Groupings

Malou Zaldy Twinkle Tata Lani Tommy	Sweet Celema Maribel Pj Mark Rona Aivie
Troy Melani Gladys Rey Fanny Omar	Jade Wang Alan Xavier May Darnie

Polomolok 101
Rotary Club

CREATE HOPE FROM WORLDS

THE IMPORTANCE OF MENTAL HEALTH



by: **PAG Alan M. Ines**

Our new Rotary International theme for 2023-2024 is "Create Hope In the World." Rotary International President, Gordon McNally, asks us to come together to reduce the stigma of mental health. More and more people are facing mental health issues, yet seeking help is often viewed as a sign of weakness. But "nothing could be further from the truth," McNally said at the 2023 International Assembly. Mental health and suicide touches many. It's touched my own family. Perhaps yours, too. This new initiative is an opportunity for Rotary to be brave and start talking about where we can make a difference.

On club level, this Rotary Year, the Rotary Club of Polomolok 101 plans to increase awareness especially to the students about mental health issues by conducting symposium to different schools.

WHY IS MENTAL HEALTH IMPORTANT FOR STUDENTS?

Stronger mental health for students means they can learn better and be more likely to realize the full potential of their abilities. Students' mental health in school is a crucial part of the education system. Ultimately, students with positive mental health can build relationships more effectively, make decisions, and work together. These positive effects support the individual student and their larger community as they enter adulthood. The mental health of students can affect their education, social life, and emotional well-being. Students struggling with mental health may experience more significant challenges throughout school and adulthood, while those not struggling may have a greater zest for their education, social experiences, and more.

Students experiencing poor mental health may be dealing with depression, stress, anxiety, addictive conditions, or aggressive behavior. Students may be distracted or uninterested, affecting their ability to learn material presented in the classroom while students who receive the support they need from their families, schools, and other social circles tend to be eager and excited to participate in social events and extracurricular activities. They may have a greater interest in their studies, retain information more effectively, and progress steadily toward graduation as they grow socially, emotionally, and academically.

With this year's theme "Create Hope in the World", and supporting the advocacy of our RI President, our club will start creating hope to the students who are dealing or struggling with mental health problem..



Words to live by...

"Wherever you go, go with all your heart. Whatever you do, do it with all your might. Nothing great is ever achieved half-heartedly. Give your all or none at all.

by PP Wang Rallos





ROTARY MONTHLY THEME

JULY	<i>New Leadership Month</i>
AUGUST	<i>Membership & New Club Development Month</i>
SEPTEMBER	<i>Basic Education & Literacy</i>
OCTOBER	<i>Economic & Community Development</i>
NOVEMBER	<i>Rotary Foundation Month</i>
DECEMBER	<i>Disease Prevention & Treatment</i>
JANUARY	<i>Vocational Service Month</i>
FEBRUARY	<i>Peace & Conflict Resolution</i>
MARCH	<i>Water, Sanitation & Hygiene</i>
APRIL	<i>Maternal & Child Health</i>
MAY	<i>Youth Service Month</i>
JUNE	<i>Rotary Fellowships Month</i>



History of the Rotary Club of Polomolok 101

The Rotary Club of Polomolok 101 was officially chartered as a legitimate club by Rotary International, through the efforts of its mother club – the Rotary Club of Midtown Gensan on August 31, 2005. As early as February 2003, there were already numerous attempts to organize a Rotary club in the municipality of Polomolok, but it was only in January 2005 when persistence finally paid off. With the blessing of RC Midtown Gensan, Omar Gallinero became the new club's Charter President, leading 25 other charter members with various classifications. Rotary Club of Polomolok 101 was formed under the leadership of Len Magno as then the District Governor of 3860. The club's name is suffixed with the number 101 for two significant reasons: one, the club was founded on Rotary International's 101st foundation anniversary; and the club was the 101st club to be chartered under District 3860.

The Rotary Club of Polomolok 101 was registered under District 3860, Area 3F with Club Number 70517 . To date, the Club runs on man-strength of twenty five(25) committed individuals.

Mission Statement

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

Vision Statement

"Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves."

Roster of Members 2023-2024

NAME	NAME	CLASSIFICATION	CLASSIFICATION
1.) Acuesta, Maribel, D.	"Bel"	* RFSM+1	Dental Services; Pediatrics
2.) Alfeche, Evernie V.	"Tata"	RFSM	Hospital Services; Channel Manager
3.) Alfeche, Nieven May V.	"Twinkle"	* PHF	Hospital Services; CEO Secretary
4.) Balano, Gladys G.	"Glads"	PHF	Registrar; Private School
5.) Bayan, Xavier J.	"Bobet"	PHF+2	Law; General Practice
6.) Castaniaga, Lani A.	"Lan"	PHF	Manangement; Government Bank
7.) Cruz, Rizaldy R.	"Zaldy"	PHF	Architecture; Building
8.) Deypalan, Melani G.	"Mel"	RFSM+2	Dental Services; Orthodontics
9.) Fernandez, Fanny M.	"Fan"	PHF	Insurance; Life&Non-Life
10.) Gallinero, Omar S.	"Mar"	PHF +1	Management; Photography & Events
11.) Gallinero, Charo Lyca B.	"Sweet"		Management; Nail Spa
12.) Griño, Celema I	"Cel"	PHF	Dental Services; Hospital
13.) Ines, Alan M.	"Lan"	PHF	Addministration; Private School
14.) Jandic, Darnie F.	"Bing"	PHF	Management; Spa
15.) Pineda, Rona F.	"Ron"	RFSM	Management; Farm Resort
16.) Publico, Krispian Troy M.	"Troy"		Financial Advisor
17.) Rallos, Jade N.	"Jade"	PHF+2	Medical Technologist
18.) Rallos, Rogelio, Jr.	"Wang"	PHF+6	Management; Medical Supplies Distribution
19.) Sabellano, Aivie L.	"Aivs"	PHF	Management; Commercial Bank
20.) Teoxon, Marilou A.	"Malou"	RFSM+2	Management; Travel & Tours
21.) Tonguia, Tomas, Jr. S.	"Tommy"	RFSM	Management; Rice Retail
22.) Urbano, Mayvelyn G.	"May"	PHF+1	Management; Fast food Restaurant

***PHF- PAUL HARRIS FELLOW**

***RFSM- ROTARY FOUNDATION SUSTAINING MEMBER**

NEW MEMBERS

Mula, Mark Francis
 Reyes, Paul Jordan

"Mark"
 "PJ"

Management; Restaurant Cafe
 Management; Internet Service Provider





Tooth Fluoride Application



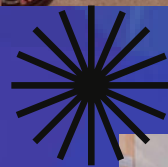
ROTARY NEW YEAR PROJECT
"TODAY'S CHILDREN, ROTARY'S FUTURE"
ROTARY VILLAGE, ALABEL SARANGANI PROVINCE
JULY 1, 2023



BLOODLETTING PROJECT

VERANZA MALL

JULY 16, 2023



"Dugo Mo, Buhay Ko"



Our President



Prexy Marilou Ambat-Teoxon is fondly called Malou by her friends and colleagues was born on February 9, 1978 to deceased Edilberto, Sr and my high school teacher Midred Casinto-Ambat. An elementary and Highschool graduate of Notre Dame Sienna College of Polomolok and BS in Accountancy at Ateneo de Davao University. Happily married to Ian Gari Teoxon, an OFW, but now he has his own trucking business. They are blessed with an only daughter Ianna Marie who is now a five year old, witty kid. Prexy Malou is currently the Manager and owner of Lumad Consult Travel and Tours Agency. She joined Rotary Club of Polomolok 101 in July 2016. Since then she has been an active member. She hold the position of International Service Director of the club before she became PE/Sec last Rotary year.

It took her seven years to make a leap and finally decide to become the 19th president of RCP 101. With her dedication, generosity, amiability, leadership skills and great passion for service, I am confident that as our "Illuminary President" she will lead the club to create hope in the world.

by PP Bel Acuesta
Membership Director



ROTARY HYMN

*I want to be, A Rotarian for the world
Make the Rotary flag, be the flag of peace
unfurled*

*I will serve my community
Help to seek international unity
Thru Rotary, I will dedicate my all
World understanding shall be my
cherished goal*

*Refrain : With the Four Way Test
I'll pursue my quest
And I in a way help obtain
Peace in the world
Then I won't have lived in vain.*

*I'll observe Service Above Self
Lend a hand to all who'll need my help
I'll get my spouse to involve in Rotary
And in Rotary ways, I will train my family
(Repeat Refrain - substitute "I" with "We")*

*Build a bridge for tomorrow's youth
Strengthened by nothing but the truth
Let's join our hands, there's no reason to divide
We shall all understand, while the good Lord is
our guide
(Repeat Refrain - substitute "I" with "We")*

CODA: Peace be achieved

So we won't have lived in vain.

SUNSHINE GREETINGS

HAPPY BIRTHDAY!

PP WANG!



JULY 18



Kindness

doesn't cost a thing,
yet it's the richest gift
you can give.

The Rotarian Pledge

I am a Rotarian.

I will always uphold the truth.

I am a Rotarian.

I will always strive to be fair in all my dealings with fellow human beings.

I am a Rotarian.

I will always endeavor to build goodwill and understanding in my community, among my countrymen, and among people of all nations.

I am a Rotarian.

I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.

I am a Rotarian.

I will always observe the Rotary International motto:

Service Above Self.

The National Rotarians World



DECLARATION FOR ROTARIANS IN BUSINESS AND PROFESSIONS

As a Rotarian engaged in a business or profession, I am expected to:

- Consider my vocation to be another opportunity to serve;
- Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
- Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
- Be fair to my employer, employees, associates, competitors, customers, the public, and all those with whom I have a business or professional relationship;
- Recognise the honour and respect due to all occupations which are useful to society;
- Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
- Adhere to honesty in my advertising and in all representations to the public concerning my business and profession;
- Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

Rotary



THE FOUR-WAY TEST of the things we think, say or do

- 1 Is it the **TRUTH**?
- 2 Is it **FAIR** to all concerned?
- 3 Will it build **GOODWILL** & **BETTER FRIENDSHIPS**?
- 4 Will it be **BENEFICIAL** to all concerned?

INDUCTION OF THE ROTARY CLUB OF POLOMOLOK 101



INDUCTIONS '23



Rotary Club of Koronadal
June 24, 2023



Rotary Club of General Santos
July 23, 2023



Rotary Club of Greater Gensan
July 8, 2023



Rotary Club of Metro Dadiangas
July 29, 2023



Rotary Club of Dadiangas
July 14, 2023

July Meetings & Fellowships



Potomok 101
Rotary Club



BEAUTY 101 PROJECT



A project enhancing the capacity to lead and motivate through Personality Development programs.

